



SWORD FORM

- 0 Begin
- 1 Three rings around the moon
- 2 Big Dipper
- 3 Swallow skims the water
- 4 Right left sweep block
- 5 Small star of the big dipper
- 6 Swallow returns to nest
- 7 Cleaver cat catches the mouse
- 8 Phoenix raises its head
- 9 Bee enters the cave
- 10 Phoenix shows its wing
- 11 Little Dipper
- 12 Waiting for the fish
- 13 Part the grass to look for the snake (dragon walking)
- 14 Embrace the moon
- 15 Bird flies to nest
- 16 Black dragon sweeps its tail
- 17 Green dragon rises from the sea
- 18 Wind sweeps the lotus
- 19 Lion shakes its head
- 20 Tiger holds its head
- 21 Wild horse jumps over the stream
- 22 Turn and rein in the horse
- 23 Step and point the compass
- 24 Shake off duster in the wind
- 25 Push the boat downstream
- 26 Comet follows the moon
- 27 Heavenly horse flies through the sky
- 28 Move the curtain
- 29 Cartwheel the sword
- 30 Swallow carries dirt
- 31 Peng bird shows its wing
- 32 Scoop the moon from the water
- 33 Embrace the moon
- 34 Venture into the sea
- 35 Rhinoceros gazes at the moon
- 36 Shoot the geese
- 37 White ape offers fruit
- 38 Phoenix spreads its wing
- 39 Left, right straddle and block
- 40 Shoot the geese
- 41 White ape offers fruit
- 42 Flowers dropping
- 43 Maiden threads the shuttle
- 44 White tiger flips its tail
- 45 Tiger holds its head
- 46 Fish jumps over the dragon gate
- 47 Black dragon twines around the pillar
- 48 Candle stick
- 49 Wind sweeps the plum blossoms
- 50 Compass points the way
- 51 Step back and finish