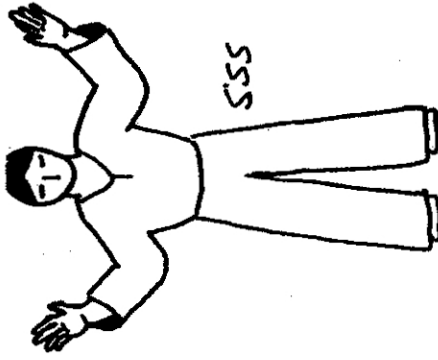
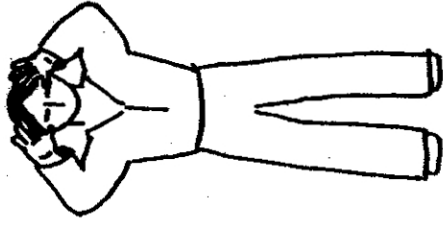


Six Healing Sounds

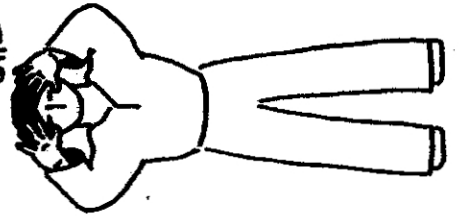
| Sound | Emotion/Release | Color Absorb | Meridian/Organ |
|-------|-----------------|---------------------|----------------|
| Shu | Anger | Green Assertiveness | Liver |
| Kuh | Melancholy | Red Joy | Heart |
| Hu | Worry | Yellow Harmony | Spleen |
| Sssss | Grief | White Empathy | Lung |
| Chway | Fear | Blue Caution | Kidney |
| She | (SMILE) | Red | Triple Heater |

KUH

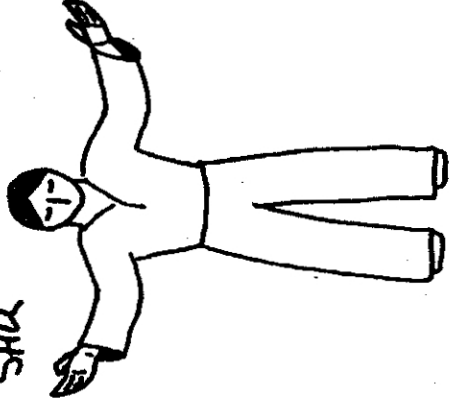


SSS

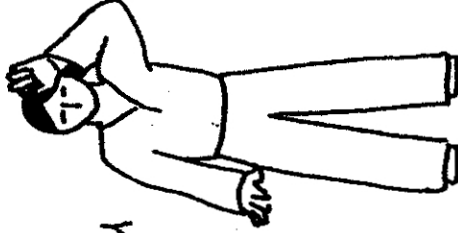
SHE



SHU



HU



CHWAY

